

# Sandwiches

All sandwiches are served as combinations with Chilled Pesto Pasta or Parmesan Potato Chips and a cup of Roasted Tomato Soup or Vegetable Minestrone Soup

## grilled portobello

grilled portobello mushroom, roasted peppers, spinach, roma tomatoes, roasted garlic aioli on focaccia 11

## italian beef

slow roasted beef, provolone and giardiniera on a toasted Italian roll and served au jus 13

## italian ham & cheese

black forest ham, capicola and provolone on focaccia 11

## chicken parmesan

paneed chicken breast with marinara, melted mozzarella and spinach on focaccia 12

## italian chicken club

grilled chicken breast, pancetta, spinach, provolone and roma tomatoes on a semolina bun 13

## chicken pesto

grilled chicken breast, mushrooms, pesto, spinach, roma tomatoes and pesto aioli on focaccia 14

## meatball sub

homemade meatballs, marinara and melted mozzarella on a house-baked Italian roll...12

## salmon blt

grilled salmon, pancetta, roma tomatoes, spinach and roasted garlic aioli on toasted focaccia 15

## muffaletta

black forest ham, capicola, salami, mortadella, provolone and olive salad on a semolina bun 12

# World's Healthiest Lunch

create your own

Perfect portions of light & healthy lunch options  
prepared using healthy cooking techniques and ingredients

## choose one

- lemon pepper chicken 11
- tabella meatball & marinara 11
- caprese chicken 12
- roma chicken 12
- pecan crusted chicken 12
- pesto chicken 12
- grilled salmon 15
- all veggies (choose FOUR of the side options) 11
- fresh fish of the day market price

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## side options

### choose two veggies

- garlic green beans
- broccoli
- sauteed spinach
- asparagus
- aglio olio
- aglio florentine
- sauteed squash & zucchini

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